



LSU in the French Alps

2017 Program Guide

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Program Overview

LSU in the French Alps is an **intensive four-week language immersion program** that allows you to **earn credit for two courses, French 3058: Advanced Conversation and French 3090: Francophone Texts and Contexts, and French 4100: Special Topics in French Language and Literature**. All courses count towards the completion of the French minor and major. You'll live, work, and play in the Alpine town of **Barcelonnette, nestled amongst majestic mountains and traversed by the Ubaye River**.

The immersive nature of this program guarantees that you will make a **maximum amount of progress in your French in a very short time**. In addition to earning course credit and **perfecting your language skills**, you'll also have the chance to **participate in volunteer internships adapted to your professional and personal interests**. In the past, students have worked at the chocolate shop, the bakery, the kitchen of the mountain chalet where we live, the veterinarian's office, the equestrian center, a clothing boutique, the toy store, the Office of Tourism, the regional specialties shop, the local elementary school, a café, and the bike shop.

When you're not learning to make pastries, repair bicycles, or groom horses, you will be learning about the region and its people first hand. **We actually become part of the town rather than just visiting it**, and spend much of our time with locals, talking, eating, and visiting places of interest. In the past, we've toured the mountaintop Abbey of Fouillouse, wandered through a mill and wood museum, sampled regional goat's cheeses at a farm, strolled through the local farmers' market, had a midnight behind-the-scenes tour of a bakery and made bread under the guidance of an artisanal baker. We've also attended a presentation by regional bee-keepers followed by a honey tasting, learned about the fabrication of a local liqueur, Génépy, viewed popular French films, and learned traditional folk dances at a Provençale version of a *fais-dodo*.

Barcelonnette is a **natural wonderland and provides unlimited opportunities for walking, running, and biking**. You will also have ample time to **learn to skip stones, identify local flora and fauna, play pétanque, and spot marmottes, the furry mascots of the region**. With the mountains as your backdrop, the chalet's front porch is also the perfect place to relax and enjoy a book and a cup of hot chocolate. We will also organize **group hikes and picnic excursions** to sights such as the *Pont du Châtelet*, *le Lac de Serre Ponçon*, and *les Demoiselles Coiffées*. Optional adventure activities such as **mountain biking, horseback riding, river rafting, rock climbing, and parasailing** are available through local guides.

Finally, in addition to giving you a real-life glimpse of *la France profonde*, this trip also provides you with the chance to tour the capital and many other parts of the country! Planned excursions include the capital city of Paris, the Gallo-Roman village of Gordes, Avignon, the picturesque village of les Baux de Provence, the Roman ruins at Glanum.

Immersion Learning

How much language progress can participants realistically expect to make?

Although language learners can progress towards fluency through coursework and self-guided study, it is impossible to replicate the benefits of full immersion. We learn our own first languages via immersion and informal acquisition, and it's one of the fastest ways to develop fluency. Many participants report that they experience more language growth while living abroad for a few weeks than they do in multiple years of formal education. Of course, individual progress will depend on a variety of factors such as prior preparation and motivation to communicate in French. Generally speaking, however, participants can expect the following:

- 1) **Dramatic Progress in Listening Comprehension:** By the end of the program, most participants will be able to understand native speakers of various ages and backgrounds communicating in French at a normal speed for extended periods of time. They will also develop a deeper understanding of idiomatic and regional expressions and be able to determine the contexts in which they are used. As students internalize the language, they often begin to think and dream in French.
- 2) **Significant Progress in Conversational Fluency:** By the end of the program, most students can maintain extended conversations about everyday topics as well as some specialized topics (related to their internships or interests). When they encounter difficulties, like not knowing a particular word, they will be able to find alternate means of expressing the same ideas. Participants will also learn how to navigate a wide variety of linguistic situations (a multi-person dinnertime conversation, a formal presentation, conversational encounters with people of different ages and backgrounds) Because of their extended contact with the target language, participants will more easily adopt the rhythms, intonation, and accents of native speakers in their own speech.
- 3) **Sustained Progress in Reading and Writing:** While listening comprehension and oral communication are our priorities, students will continue to build upon their reading and writing skills through coursework assignments with individualized feedback.

Learning a language is a lifelong process that requires the enduring motivation and engagement of the language learner. It is very reasonable to expect to significantly increase one's fluency after five weeks of immersion. However, mastering a language and achieving true bilingualism is a process that takes many years. That said, most students speak of their experience in Ubaye as a major turning point in their study of French.

One of the special benefits of this program is that it allows you to maximize your language learning through continual reinforcement. Participating in an immersion program requires a commitment to communicating in French at all times, not only with native French speakers (who may, on occasion, address you in English, especially in Paris) but also with your classmates who are also, typically, native English speakers. Even if you're not being observed by one of your instructors, it is paramount to the integrity of this program that you continue to speak in French. It is natural, at times, to feel frustration at not being able to communicate as quickly or as articulately as you do in your first language, but the problem solving and communicative challenges inherent in speaking another language nudge you towards divergent thinking and meaningful opportunities for growth. That said, you might be surprised to realize how much you are able to say and do in French when given the chance to push yourself.

The following is a list of things you can do to help prepare yourself for an easier transition to an immersion setting:

1) Read Periodicals Online: If you devote just 10-15 minutes a day to reading the newspaper, you can improve your French dramatically. It's also quite useful to have a sense of what's going on in both French and world politics since these are common topics of conversation. Here are a few sites where you can read articles:

- | | |
|---|---|
| a. www.lemonde.fr | c. www.liberation.fr |
| b. www.lefigaro.fr | d. www.yahoo.fr |

2) Listen to/Watch the News Online: This is another way to broaden your vocabulary and improve listening comprehension. Radio France offers music as well as shows on the news, politics, interviews, culture, and sports. (similar to NPR) Check out the following links:

- <http://www.radiofrance.fr/>
- <http://www.franceinter.fr/player>
- <http://www.newsinslowfrench.com> (Offers weekly podcasts with a script read in slower-paced French as well as grammar activities and idiomatic expressions. Much content can be accessed for free.)
- <http://www.tv5.org/> (many resources including 2-minute news reports with images)

3) Attend Conversation Groups: Getting in the habit on conversing in French will boost your fluency. LSU hosts a weekly French table, and there's also a community group that meets every other week at La Madeleine. The Main Branch of the public library (on Goodwood) also hosts a French Culture club each month. (see Francopportunités on Facebook for more information).

4) Watch French-Language Films: Movies can be checked out from the public library, from the holdings in Hodges, or accessed through Netflix. In some cases, entire films are available on YouTube.

LSU in the French Alps: APPROXIMATE Itinerary

This itinerary provides a *general idea* of many of the activities we are likely to do as a group rather than to suggest a strict schedule of events. Since our plans often hinge upon weather conditions, the availability of group tour slots, and the schedules of our partners in the Ubaye Valley, **we cannot guarantee that we will do all of the following activities or that they will occur on the same days.** However, the itinerary provides a general representation of students' day-to-day experiences during the study abroad experience.

As a general rule, Monday through Thursday students will work at their internships, and on Friday through Sunday we will sightsee within the region and do outdoor activities.

Pre-Departure Program: (May 9th -11th)

May 9: Program orientation: discussion of language immersion, cultural differences, group dynamics, expectations, and travel preparation. Blog writing workshop.

May 10: Presentation of travel narratives, read French travel narratives about Arnaudville.

May 11: Barcelonnette orientation; presentations on the Ubaye Valley. Panel discussion with past program participants.

Paris: (May 20th- 24th)

May 20: Depart for Paris (students may leave earlier than this date, but they will need to find their own lodging if they arrive before the 20th)

May 21: Arrive in Paris, check into the FIAP Jean Monnet residence in Montparnasse, and meet for dinner at the FIAP then buy metro pass.

May 22: Walking tour of Paris's *Rive Gauche* and *Île de la Cité* including Point Zéro, Notre Dame de Paris, Place Saint Michel, Shakespeare and Company, the Sorbonne, the Pantheon, and the Luxembourg gardens. Cross over the river to see the Centre Pompidou and the sculptures of Niki Saint Phalle. Dine together at a restaurant.

May 23: Walking Tour of Paris's *Rive Droite* including the Tuilleries, the Louvre, the Musée d'Orsay, the Champs Élysées, the Arc de Triomphe, Montmartre, Sacré Coeur, Place du Tertre, the Eiffel Tower and Saint Sulpice Cathedral. Conclude the day with a moonlit cruise on the Seine.

Ubaye Valley: (May 24th-June 19th)

May 24: Morning train to Grenoble. Evening arrival at the Centre d'Oxygénation Jean Chaix, multi-course welcome dinner with our friends and partners in Barcelonnette

May 25: Orientation to the towns of Jausiers (sister city of Arnaudville, Louisiana) and Barcelonnette. *Guide Michelin:* Alpine driving tour of the area and marmotte spotting, afternoon hike to the breathtaking *Pont du Châtelet*, visit to the Abbey of Fouillouse, tasting of regional goat's cheeses, *pétanque* lesson

May 26: Internships begin

May 27: A.M. Escalade. P.M. Internships at local businesses such as the chocolate shop, bakery, bike store, regional products boutique, toy store, office of tourism, elementary school, equestrian center, and Jean Chaix's kitchen

May 28: A.M. and P.M. internships. Afternoon visit at the museum.

May 29: A.M. Internships. P.M. Luge; visit to porcelain artist's workshop, Stephanie Jean; Bugnes with Françoise et Daniel.

May 30: A.M. Hike – Le col de Vallonet; P.M. visit to engraving workshop, Monique.

May 31: A.M. Internships P.M. Internships

June 1: A.M. Internships. P.M. *Guide Michelin:* scenic driving tour of the area, visit to the production house of Génepy and other local artisanal liqueurs with optional tasting. Visit to La Maison de bois.

June 2: A.M. Internships at local businesses. P.M. Guided tour of Jausiers. Dégustation chez Francine.

June 3: Visit to the market. Group hike to Le Lauzanier, café in Italy. Music festival.

June 4: Festival du bois.

June 5: A.M. Internships. P.M. Dinner chez les Robert.

June 6: A.M. Internships - P.M. Internships

June 7: Day hike with botany professor, take an Arnaudville-themed tour of Jausiers and its cathedral, followed by a reception at the town hall

June 8: Atelier chez Monique – optional engraving workshop, all day. P.M. Preparation for Via Ferrata.

June 9: Via Ferrata (optional) Otherwise, Internships.

June 10: A.M. Internships. P.M. Newspaper reading and discussion of current events in French politics at the café Choucas, afternoon arrival of LSU in Paris students, group dinner at Jean Chaix Group hike, optional rafting excursion

June 11: A.M. Internships. P.M. Parapente; Dinner chez les Mercier.

June 12: A.M. Internships P.M Internships.

June 13: Tour the Fragonard perfume factory in Èzes, visit the beautiful seaside city of Menton and picnic on its pristine *plages*. During free time, explore sites of interest such as the historic covered market and Jean Cocteau museum. Return to Barcelonnette before dark.

June 14: *Fête de la musique*: nationwide music festival, attend concerts of local musicians and practice regional folk dances

June 15: A.M. Internships. P.M. Pasta making workshop.

June 16: A.M. Internships. P.M. Internships; dinner chez Dale and Debbie

June 17: Hike to famous rock formations, *les Demoiselles Coiffées*, picnic by the Lac de Serre Ponçon, presentation by local beekeepers, visit to Apiland.

June 18: Mountain biking. Dinner with Dale and Debbie.

June19: Visit to exposition of photographs at the Barcelonnette museum, final goodbyes, multi-course farewell dinner, goodbyes and reminiscing with our friends and partners in Barcelonnette.

Drive to Grenoble, depart for individual travels

**Due to the necessary travel time from Grenoble to Paris, students should not book flights departing from Paris any earlier than June 20th.*

Faculty Bios

Kevin Bongiorno is Director of Undergraduate Studies in the Department of French Studies. He is the Director of the LSU in Paris 2017 program and Director of the LSU in the French Alps program, a program he founded in 2001. He is the LSU Ubaye Valley Professor of French Studies and the Lillian DeFelice and Sampson J Petit Professor of French for Business. He teaches in the programs in French, Italian, Comparative Literature and Film and Media Arts.



Margo Brault, a native Canadian French speaker with an honors degree in Spanish from the University of Alberta, and Master's in French from Penn State University. She has organized trips for young people to Canada, Mexico, France and the West Bank and Gaza Strip. She served as guide and interpreter for volunteer projects in Mexico and Honduras and has taught Spanish and French for over 18 years. Margo accompanied students to Barcelonnette, France, in summer 2016 where she gained an intimate understanding of the day-to-day routine in the Ubaye Valley. Ms. Brault looks forward to contributing her linguistic, social and organizational skills to advance the goals of the program.

Mallory Fuller received her Bachelor of Arts in French Studies from Vanderbilt University in 2013. While completing her degree, she spent three semesters with the Vanderbilt-in-France program for which she served as an ambassador. While in Aix-en-Provence, she completed an internship at the Fondation St. John Perse, serving as an archivist and organizing events for visiting authors, painters, and poets. Ms. Fuller is currently pursuing her Master's degree in medieval literature with a research focus on the personification of death in visual art of the Middle Ages.



Ashley Luoma received her undergraduate degree in French from the University of Oregon, a Master's in Teaching from Lewis & Clark College, and an MA in French from the University of Louisiana at Lafayette where she is currently in the dissertation phase of a PhD in French and Francophone Studies. As a past teacher of high school students, Ms. Luoma began an exchange program with a school in Villeneuve d'Ascq, France, and led students to France for 3 week summer stays, which included students attending courses at school with their host families. She currently teaches Cajun French and standard French courses at LSU.

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Courses Offered and Syllabi

French 3058: Advanced Conversation

French 3090: Francophone Texts and Contexts in French

French 4100: Special Topics in French Language and Literature

**If students have already taken one of the courses, they may request to receive credit for another French course.*

Honors Credit: Courses may be taken for honors credit with prior approval. In such cases, students will collaborate with instructors to develop a course plan that includes additional and/or more intensive assignments in accordance with the policies of the Honors College.

For more information concerning the honors credit option, consult the following link:

<http://www.honors.lsu.edu/faculty/teach-honors-courses/honors-option>

French 3058 Advanced Conversation

Instructor: Ashley Luoma

-Fulfills credit towards the French Minor or Major

Course Description: This course is consistent with the conversation courses offered at LSU but provides students with the additional benefit of an immersion setting and continual contact with native speakers. Via research and writing, students will develop an increased awareness of different aspects of French politics and culture while also learning about the particularities of the Ubaye Valley region. Students will also practice presentation skills, successfully navigate everyday interactions, (e.g. at the market, the post office, etc.) engage in dialogue about professional concerns at their internships, and increase their communicative fluency in one-on-one and group conversations. Additional learning objectives include refining listening comprehension skills, expanding breadth of vocabulary, and enhancing accuracy of oral communication in a variety of settings and registers.

Course Requirements:

Cultural-Historical Presentation During the Pre-Departure Program:

Each student will be asked to conduct research in French about one aspect of the valley: the history of the valley, the region's connection with Louisiana, geography, economy, etc. Then s/he will present the information via PowerPoint (10-15 minutes).

Monument/Site Presentation in Paris:

While in Paris, each student will serve as the group's "tour guide" for two monuments or historical sites. Presentations should include information about the historical context and significance, technical features, and relevant facts, and dates. Key points should be summarized on a handout to be distributed to each member of the group.

Blog Posts: Students will write a total of six posts (250-500 words each) for the collaborative blog. The total word count (for all entries combined) should be no fewer than 2,000. One entry may be written shortly before the trip (while packing, on the plane, etc.) and one may be written shortly after the trip's conclusion. Entries will be due on the Tuesday of each week and will be graded on (1) Length and Title, (2) Organization and clarity of expression, (3) Content and Depth of ideas, (4) Awareness of Audience/Educational Elements, and (5) Evidence of Proofreading and Revision.

Internship Completion:

As an essential component of their coursework, students volunteer for 10 – 12 half-days (morning or afternoon) at their chosen internships. Each session at an internship ranges in length from 2-4 hours, depending on the location.

Daily Engagement

Participation also includes active participation in cultural visits and commitment to communicating *in French at all times*. It also includes listening, engaging your peers and others in conversation, raising intelligent questions, and demonstrating other forms of leadership in group discussion. Students are also required to interact in conversations in social gatherings, during internships, and at mealtimes.

Grade Distribution:

Pre-departure cultural presentation	10 %
Presentation of monument(s) during Paris visit	10 %
Blog posts	30 %
Internship Completion	30 %
Daily Engagement in French	20 %

Course Meetings: Prior to departure, this course will meet for 5 days. One of the days (April 1) will be devoted to a day-long trip to Arnaudville. On weekdays while in France, students can expect to engage in at least three hours of course-related activities per day. Weekends will be devoted to recreation and excursions that provide more informal opportunities for linguistic growth and better cultural understanding.

FREN 3090: Francophone Texts and Contexts in French

Instructor: Margo Brault

-Fulfills credit towards the French Minor or Major

Course Description: French 3090 is designed to support students' linguistic growth while studying abroad. In this course, students will refine their ability to thoughtfully articulate their experiences as travelers. By reflecting on and documenting their time abroad in a variety of formats, students will consider what they notice and narrate what it means to find oneself in an unfamiliar place. Relevant themes include: preparing for travel, ideas of home and elsewhere, hospitality, cultural differences, communicating through film, the pleasures and pitfalls of communicating in another language, feeling foreign, and saying farewell.

Objectives:

- Analyze travel narratives written by Americans (and occasionally other Anglophones) traveling, working, and living in France
- Develop insight on how other travelers experience Louisiana by reading and interpreting vignettes written by French citizens from the Ubaye Valley visiting Arnaudville
- Identify stylistic features of successful travel narratives and cultivate a writerly voice through guided exercises and blog posts
- Document a specific aspect of the travel experience through film
- Produce a site-specific pedagogical tool to record and share newly-acquired vocabulary via social media
- Collect music and other cultural items to share.

Course Requirements:

Autoportrait: Students will create a short self-presentation (including a photo) in writing detailing their background, interests, studies and experience with (or thoughts on) travel. The *autoportraits* will also serve to introduce the students to our partners in Barcelonnette.

Travel Narrative Presentation: Prior to departure, each student will read a travel narrative written by an American or Anglophone living or traveling in France and present it to the class (in French). A list of possibilities will be provided shortly after students are notified of their acceptance into the program. This assignment will serve to introduce students to different approaches to travel writing, as well as address issues of cultural difference and communication.

Ubaye Dictionary on Facebook : As a way to record and share their new vocabulary, students will post 2 contributions per week while in Barcelonnette (for a total of 8) to the group facebook account. Each post should include (1) a photo, (2) a formal definition, and (3) a short anecdote or reflection on how the word was encountered how it is used in context. Students should prioritize words or terms that reflect some aspect of the region's specificity (architecture, regionalisms, flora and fauna, etc.).

Court métrage (short film): Work in teams to create several 2-4 minute documentaries about the internships. These should include interviews with local partners, visual visits of the location and an overview of the student duties during the internship, as well as any other treatment of the local business' place in the community and relationship with our program. See instruction sheet.

Cultural collection: Students will collect French music, and other cultural artifacts (local stories, games, jokes, wise sayings, etc) to share with the group. Students will record these items (for example, create a playlist of popular music with lyrics provided) for all students to share.

Internships: Students will engage in 10 to 12 internship activities. You may sample a variety of internships and continue to vary from day to day, or find one you like and stay with it for the entire time. Internships generally entail roughly a 3 hour commitment to the activity set out to you by the merchant or partner who is hosting you. It is common to do one internship in the morning, then one in the afternoon.

Daily Engagement: Students will be expected to actively contribute to the success of the group through their participation and demonstration of respect for each other and our partners during fieldtrips, mealtimes, activities, internships, and special excursions. Students will also be expected to encourage each other to thrive in an immersion environment by using French in all interactions, by listening actively, and by exhibiting willingness to work through the challenges of communicating in a foreign tongue.

Grade Breakdown:

Autoportrait:	10 %
Travel Presentation:	10 %
Facebook Contributions	10 %
Short film	30 %
Cultural collection	10 %
Internship completion	20%
Daily Engagement:	10 %

Predeparture Meetings: Prior to departure, this course will meet on the following dates: May 9, 10, 11, for both morning and afternoon sessions. The day-long trip to Arnaudville is scheduled for April 1 and all students are expected to attend. In Barcelonnette, students can expect to engage in at least three hours of course-related activities per day. Because this course is designed as an independent study, students will be responsible for organizing their time so as to complete the assignments. That said, the instructors live onsite and will be readily available for support.

French 4100: Special Topics in French Language and Literature

Instructor: Kevin Bongiorno

-Fulfills credit towards the French Minor or Major

Course Description: French 4100 is a course designed to support students' linguistic growth while studying abroad. In this course, students will refine their ability to thoughtfully articulate their experiences as travelers. By reflecting on and documenting their time abroad in a variety of formats, students will consider what they notice and narrate what it means to find oneself in an unfamiliar place. Relevant themes include: preparing for travel, ideas of home and elsewhere, hospitality, cultural differences, the pleasures and pitfalls of communicating in another language, writing for different audiences, self-translation, feeling foreign, and saying farewell.

Objectives:

- Analyze travel narratives written by Americans (and occasionally other Anglophones) traveling, working, and living in France
- Develop insight on how other travelers experience Louisiana by reading and interpreting vignettes written by French citizens from the Ubaye Valley visiting Arnaudville
- Identify stylistic features of successful travel narratives and practice including them in our own writing
- Incorporate digital media (photography, audio, short videos) into blogs / travel writing
- Produce a site-specific pedagogical tool to record and share newly-acquired vocabulary via social media
- Lead peer-guided workshops with other students to clarify expression, language, and grammar points before posting the blogs

Course Requirements:

Cultural-Historical Presentation During the Pre-Departure Program:

Each student will be asked to conduct research in French about one aspect of the valley: the history of the valley, the region's connection with Louisiana, geography, economy, etc. Then s/he will present the information via PowerPoint (10-15 minutes).

Travel Narrative Presentation: Prior to departure, each student will read a travel narrative written by an American or Anglophone living or traveling in France and present it to the class (in French). A list of possibilities will be provided shortly after students are notified of their acceptance into the program. Selections should be adapted to students' interests but will need prior approval. This assignment will serve to introduce students to different approaches to travel writing, as well as address issues of cultural difference and communication.

Blog Posts: Students will write a total of six posts (250-500 words each) for the collaborative blog. The total word count (for all entries combined) should be no fewer than 2,000. One entry may be

written shortly before the trip (while packing, on the plane, etc.) and one may be written shortly after the trip's conclusion. Entries will be due on the Tuesday of each week and will be graded on (1) Length and Title, (2) Organization and clarity of expression, (3) Content and Depth of ideas, (4) Awareness of Audience/Educational Elements, and (5) Evidence of Proofreading and Revision.

Internships: Students will engage in 10 - 12 internship activities. You may sample a variety of internships and continue to vary from day to day, or find one you like and stay with it for the entire time. Internships generally entail roughly a 3 hour commitment to the activity set out to you by the merchant or partner who is hosting you. It is common to do one internship in the morning, then one in the afternoon.

Peer Editing Workshops: Students will be responsible for conducting peer-led workshops, to help each other with grammar, language and expression, before posting blogs.

Daily Engagement: Students will be expected to actively contribute to the success of the group through their participation and demonstration of respect for each other and our partners during fieldtrips, mealtimes, activities, internships, and special excursions. Students will also be expected to encourage each other to thrive in an immersion environment by using *French in all interactions*, by listening actively, and by exhibiting willingness to work through the challenges of communicating in a foreign tongue. Finally,

Grade Breakdown:

Pre-departure Cultural Presentation:	10 %
Presentation, Parisian Monument:	10 %
Blog Posts:	30 %
Editing workshops	10 %
Completion of Internships	30 %
Daily Engagement:	10 %

Pre-departure Meetings: Prior to departure, this course will meet for four days; one day (April 1) will be devoted to a day-long trip to Arnaudville. In Barcelonnette, students can expect to engage in at least three hours of course-related activities per day. Students will be responsible for organizing their time so as to complete the assignments. That said, the instructors live onsite and will be readily available for support.

Academic Responsibilities:

Pre-departure sessions—due dates

- Presentation on book about Ubaye Valley during pre-departure meetings
- Presentation on travel narrative
- Blog Post # 1 due May 9 (see below for remaining due dates)
- Research Paris monument and **create/copy handouts before leaving**. Present about monument while in Paris (due: May10)

Choix de monuments:

La cathédrale Notre-Dame
La Basilique de Montmartre (Sacré Cœur)
Le quartier de Montmartre
La librairie Shakespeare and Company
Le Musée du Louvre
Le Musée Pompidou
L'Arc de Triomphe
Les Champs Elysées
La Tour Eiffel
Le Panthéon
L'Université la Sorbonne
La Place de la Concorde
Le Palais du Luxembourg
Les jardins du Luxembourg
Les jardins des Tuileries
Rue Montorgueil / Les Halles

Stages possibles / *Potential Internships*

Pâtisserie/Chocolaterie

Contacts : Nicolas

Heures : -uniquement le matin (6h30 à 10h30/11h)

*fermée le lundi

La cuisine de Jean Chaix

Contacts : Christophe et Gilles

Heures : surtout le matin ; 9h à 11h; 18h à 19h (pas tous les jours)

Le boutiquecycle (magasin de vélo)

Contact : Kevin

Heures: 10h à 12h ; 2h30 à 18h

l'Aérodrome

Contacts: Bernard Mémi, Vivien, Jo

Heures : 10h à 12h ; 14h à 17h ; surtout le matin

L'école de Saint Pons

Contacts : Annie et Cyrile

Heures : 8h à 11h30; 13h30 à 16h30

*Fermée le mercredi après-midi

La maison des produits régionaux

Contacts: Nadine Garino, Mylène (Mimi), Gisèle, Ourida

Heures : 9h30 à 12h ; 2h30 à 18h

L'école de Barcelonnette

Contact: Laurent Chairdolas

Heures : 8h30 à 12h; 13h30 à 16h30

*Fermée le mercredi après-midi

Le lycée André Honnorat

Contacts : Frédéric Guyon (proviseur);

Heures : (voir l'école ?)

Abdou Maa (professeur de maths)

Le centre équestre

Contacts : Flo et François

Heures : 9h à 12h ; 16h à 18h

*Beaucoup d'activité le mercredi après-midi

L'Office de tourisme à Jausiers

Contacts: Agnès Dunant

Heures : 8h30 à 12h ; 14h30 à 16h30 (flexible)

CCVU (maintien des sentiers)

Contacts : Yvan Chevalier

Heures : 6h à 16h (à négocier)

Le Dauphiné Libre (journal de la région)

Contacts : Francine Burlet, Théo Giocametti

Heures : à déterminer

Ateliers d'un jour :

- 1) Création de gravures avec Monique (Toute la journée)
- 2) Fabrication des pâtes avec Florence (Une demi-journée)
- 3) Peinture de la faïence avec Stéphanie (Une journée, ou deux)

Pre-Departure Checklist

- ☐ Purchase a plane ticket and e-mail the itinerary to your program directors.
- ☐ Make copies of your bank cards and passports; then, e-mail a copy to yourself and your program directors. Having easy access to copied documents will expedite the process of replacement in case of loss or theft.
- ☐ Have 2 extra passport photos taken. These can be used to replace your passport in case of loss or can be used for a metro or hostel card if you spend more time in France after the program's end.
- ☐ Once you have booked your flight, contact your bank and credit card companies so that they can make a note about international activity on your account. Otherwise, access to your account may be blocked.
- ☐ Consider ordering a card with a microchip, which will allow you to use your card to pay at machines.
- ☐ Order the equivalent of fifty euros in cash from your bank. Usually the turnaround time is quicker, but allow two weeks.
- ☐ If you intend to use your telephone in France, find out what's covered on your current plan. Some companies will allow you to "freeze" your account while out of town. Apps such as Viber and What's App allow for texting where Wifi is available.
- ☐ Borrow or purchase any needed items.
- ☐ Purchase or make 4-5 gifts for our partners.
- ☐ After packing, make a list of all of the items in your suitcase and e-mail it to yourself. In case of loss or theft, the airport and your insurance company will request such a list. If desired, print a copy and keep it in your carry-on or suitcase as well.
- ☐ Contact your physician to ensure that, if you take medication, that you have your prescriptions filled to last you during your stay.

Successful Packing for LSU in the French Alps

Packing is important. Nothing is worse than trying to remain vertical while balancing a pack that is twice your body weight, or trying to maneuver an oversized suitcase onto a bus that will require you to lift, turn, and shimmy down the aisle while people glare at you for hitting them with your enormous bag. Here are some tips to keep your packing and luggage free from causing physical and emotional stress.

How to Pack

- ✓ **Start Now.** Do not wait until the day before to pack. There is a lot to get, and you have to practice your pack a few times to make sure it is workable.
- ✓ **Make a list.** Always pack from a list so you don't forget anything crucial. Give Mom or Dad a copy. That way, if your luggage is lost or stolen, you have something to report to the insurance company or police.
- ✓ **Waterproof** your luggage and shoes. It rains often in Barcelonnette.
- ✓
- ✓ **Pack Lightly.** Lay out only what you absolutely need and then take half the clothes and twice the money. Put your clothes in your bag and carry it around the block. If you can't carry it easily, you've over-packed. Remember, no one is going to carry it for you. Weight your suitcase at home before you get to the airport, so as not to have a surprise when you get there. "Nothing is more annoying than lugging around two suitcases through train stations and cobblestone streets." – *suggestion 2014 alumnus*
- ✓ **Leave room for the stuff you will buy in France.** If your bag is stuffed and things have to be put in exactly the right spot in order to close, you've over-packed. Your bag is like a map, it never refolds the same way twice.
- ✓ **Learn to roll.** Rolling is a huge space saver and (supposedly) helps cut down on wrinkles.
- ✓ **Bring some clothing items that at the end of the trip you might be willing to throw away** if you need to make room for gifts or souvenirs on your return flight.
- ✓ **Pack your carry-on carefully.** Include your must have toiletries and a change of clothing just in case there is a delay with your luggage.
- ✓ **Consider only bringing carry-on luggage. (We highly suggest that you ONLY bring luggage of a size that would fit in the overhead bin.)** Since laundry facilities are available, it is perfectly reasonable to bring only a carry on for your luggage. You'll save time bypassing the baggage claim and avoid the potential hassle of lost luggage.

Luggage

Always be aware of the luggage weight restrictions on your airline(s). Also, remember that international flights allow larger suitcases than domestic flights or trains. When you move from one city to another, remember that all of your luggage has to go with you. A sturdy frame backpack is smaller and easier to carry around than a huge, rolling suitcase. You want your suitcase to be small enough that you can tote it around easily, but you also want to have room for souvenirs you'll pick up in France. If you get a backpack, get it sized by a professional. Any good backpacking store has someone that can make sure the pack fits you and adjust it accordingly.

Whatever you decide, you need a daypack (a small backpack or courier bag). It should hold your camera, water, food, etc. on short hikes and excursions.

What to Pack

- ❖ 3 pairs of pants (one or two pairs of jeans and one or two pairs of khakis or dark slacks)
- ❖ 5 tops/shirts (two shirts (at least one sweater or long-sleeved shirt), three t-shirts)
- ❖ 1 nice outfit (for theatre performance, going out, internship presentations, etc.)
- ❖ 1 sweater or light coat (for when it gets colder-polar fleece works well)
- ❖ 5 pairs of socks and underwear, bras
- ❖ 1 pair of comfortable walking shoes (not flip flops!) that could be more formal
- ❖ 1 pair of waterproof, worn-in hiking shoes or tennis shoes
- ❖ 1 pair of pajamas
- ❖ 1 towel (optional-towels will be provided at the places we stay)
- ❖ 4-5 small gifts for our hosts in Barcelonnette (should be easy to carry)

Examples of past gifts: jams, candies, coffee, decorative dish towels, LSU paraphernalia, etc., CDS of Cajun music, books of poetry in French, etc.

Useful Items

- ❖ Water bottle that doesn't leak
- ❖ Ipod and headphones
- ❖ Laptop and an extra memory device (travel USB)
- ❖ Camera, extra batteries or charger, and memory cards.
- ❖ Wristwatch
- ❖ Journal
- ❖ Earplugs (often given to you on the plane)

Toiletries & Health Related Items

For toiletries, just bring travel sizes to get you through the first few days. You can always buy more when you get there, and travel sizes won't take up as much room. It's a cultural experience shopping in France and comparing products there to choose what you want. Remember: any liquids/gels in your carry on must be 3oz or smaller and inside of a quart-sized clear bag!

- ❖ Toothbrush, toothpaste, and dental floss
- ❖ Shampoo (can double as soap)
- ❖ Deodorant
- ❖ Soap in plastic container or liquid soap (can double as laundry detergent for handwashing)
- ❖ Comb/brush and (if needed) hair ties and barrettes
- ❖ Washcloth or bath poof
- ❖ Nail clippers and tweezers (remember: don't carry these in your carry-on)
- ❖ Shaving materials (no razors in carry on)
- ❖ Feminine hygiene products
- ❖ Small lock
- ❖ Aspirin, Anti- diarrhea, and Dramamine medicine
- ❖ Other medicines-in original containers, with a copy of prescription (Nothing will slow you down in airport security faster than a bag full of unidentified pills)
- ❖ Bug spray (not really necessary in Barcelonnette but may be in other places you travel)
- ❖ Sunscreen (sun blocks adhere to skin to create a barrier; insect repellents work by evaporation. Sun block goes on first)
- ❖ Adapter

Necessities

- ❖ **Documents and I.D.s:** Passport, Airplane tickets, insurance card, and LSU ID
- ❖ **Copies of all documents** (don't carry the copy in the same place as the original. Carrying both in your carry-on luggage won't help you if it's your carry-on that's damaged or stolen), the address and phone number of the hotel, and contact information for your Director. (Be sure to leave a copy of these at home as well)
- ❖ **Passport pouch or travel wallet** that can be worn underneath your clothing.
- ❖ **Money:** ATM cards, credit cards and/or cash. Traveler's checks are increasingly difficult to cash in, and you often don't get a very good exchange rate. Cash can easily be lost or stolen, so you want most of your money on your debit/credit card, so that it can be cancelled and replaced if lost or stolen. Don't forget to call your bank before you leave and tell them you're traveling internationally, so they don't cancel your card!
- ❖ **Phone cards** can be purchased abroad at competitive rates, or you can buy a pre-paid phone plan before you go. Your cell phone from the US either (1) won't work internationally or (2) will cost you a small fortune to use in France. If you want a cell

phone, buy a cheap pay-as-you-go phone once you get to France. If you bring a laptop with you, Internet phone services such as SKYPE and FaceTime are economical options for calling home.

- ❖ **Voltage converter AND plug adapter** if you are bringing any appliances. Most major appliances, such as laptops, don't need the voltage converter. Smaller appliances will, though. If you plug in a small appliance (like a hair dryer) without the voltage converter, expect it to catch fire and the fire alarm to go off. Everyone at the hotel will love you for that, by the way. Everything you plug in will need a plug adaptor because the plugs in France are different from the plugs in the US. The easiest thing to do is to buy cheap appliances while you're in France and share rather than lugging around several appliances from home.
- ❖ **Class Supplies:** notebooks, pens, and your handouts for the monument presentations.

Odds & Ends

- ❖ Plastic bags for maps, books, journals, and anything else you want to keep dry or separated from your dirty laundry
- ❖ Travel alarm clock (remember: if your cell phone doesn't work internationally, you can't rely on it as an alarm, either)
- ❖ Umbrella
- ❖ Hand laundry detergent (or use your soap)
- ❖ Sewing kit, safety pins
- ❖ Sunglasses
- ❖ Change purse (A bunch of Euros in your pocket can get very heavy and can easily fall out. Often French vendors will request exact change.)
- ❖ Extra pair of prescription glasses or contacts. At the very least, the prescription itself.
- ❖ Chapstick with sunblock (for hiking)

Other Packing Resources

<http://www.ricksteves.com/plan/tips/pack-light.htm>

<http://www.wikihow.com/Pack-a-Bag-or-Suitcase-Efficiently>

Pre-Departure Program

April 1; May 9, 10 & 11, 2017

While we will be learning 24 hours a day once we arrive in France, we will have little time for coursework in the traditional sense. Therefore, we will complete a significant portion of the academic requirements prior to leaving for France during a series of pre-departure meetings.

During the pre-departure program, students will:

- get to know each other
- take care of any administrative concerns
- present their research about Barcelonnette
- share their travel narratives
- discuss etiquette and cultural differences
- familiarize themselves with the cameras and other forms of technology we will use to document our time abroad
- begin blogging
- take a day trip to Arnaudville to learn about the historical connections between south Louisiana and the Ubaye Valley Region
- meet last year's participants and participate in a panel discussion

*Please note that the pre-departure program is mandatory.

Getting from Charles de Gaulle Airport to the FIAP

Follow signs for “trains de banlieue / RER” (10 minute walk, on the same level as the baggage claim area)

Purchase a ticket from an automatic machine or SNCF office. **You will not be able to use your American bank card** because it lacks a *carte à puce* (microchip) that French cards have. Thus, you may need to get change at the *monnayeur* or buy a ticket at the counter.

You need the following ticket: “*Billet Ile-de-France*” Aéroport CDG - Paris (*Zone 5 -> Zone 1*) The **price is 9,75**.

Go down some stairs to get on the RER line B. (Blue)

Make sure you compost (stamp) your ticket before you get on the RER. There are orange machines (*composteurs*) near every train. Insert your ticket into the machine and it will automatically stamp the time and date. Forgetting to compost may result in a fine.

Take the train in the following direction: **Paris (Robinson, Antony, St-Rémy-lès-Chevreuse)-- Gare du Nord is usually the first stop.**

Stay on this train until you get to the stop named **Denfert Rochereau**.

From here, you can walk to the FIAP (1km/10 minutes) Not easy with luggage.

Get off and transfer to **Line 6 (Direction: Nation)**, using the same ticket.

At the second stop (**Glacière**) get off.

Cross the street towards the "Caisse d'Épargne (ATM/Bank) and walk in the direction of the pizza restaurant (to the right, one block)

Make a left on Rue de la Santé (pizza restaurant on corner)

Pass a kebab place on your right.

Turn right onto Rue Cabanis (2nd street)

The FIAP Jean Monnet will be on your right in 2-3 blocks (**30 rue Cabanis**)

First Train / Last RER B Train CDG to Paris => 04:50 / 23:50

See also: <http://parisbytrain.com/charles-de-gaulle-airport-cdg-to-paris-by-train/>

Directions : FIAP Jean Monnet from Charles de Gaulle Airport

The first thing that will happen after exiting the plane is immigration/passport control. You could be past immigration within 5 minutes if you're lucky, or 40 if you're the last to exit a large plane. Next, collect your baggage at the carousels. Estimate a good 20-30 minutes for this. Customs control for baggage is next, which is separate from passport control and handled by customs officers near the exit of the baggage collection area. After this passing customs control, exit into an unsecured area to make your way to Paris. You can find a taxi, or take the train, which concerns the rest of this guide. We recommend the train! It's much cheaper, and you'll start getting to know Paris immediately.

Go to Terminal 2E / F to the train station. Look for signs and be prepared for rather a long walk. At the end of each of the terminal buildings (there are six sub-terminals at Terminal 2: terminals 2A, 2B, 2C, 2D, 2E and 2F) will be a large sign noting how long it will take to reach other terminals and the train station.

If your flight arrived in Terminal 2G (Euro Borderless Zone), you must take the shuttle bus to Terminal 2E / F in order to catch the RER train. The shuttle buses, circulating every 4-5 minutes, can be found just outside the arrivals area of 2G.



When you've arrived at the train station area, you'll be on Level 4 of an atrium (pictured above) with a Sheraton hotel on one end, HSBC Bank on the other end and multiple signs pointing to the Gare / Station / Paris by Train. You may wish to withdraw some Euro cash from the HSBC bank machine.

The actual station level, Level 2, is at the bottom of the atrium and features various stores and eateries on one side of the hall and a SNCF ticket purchase office on the other side. This is the suggested rendez-vous point, just outside of this office, on Level 2, pictured to the right.



The SNCF ticket office is split into two halves, each selling only certain types of train tickets. When facing the ticket office the left half sells tickets and passes for traveling within Paris and the Ile-de-France area. Or, to buy a simple train ticket to Paris, if you have a smart chip credit card or Euro coins, you can use the blue *Billetterie Ile-de-France* vending machines. Bear in mind these machines **will not work without a smart chip**. The ticket price is around 9 or 10 euros.



After buying your train tickets descend another set of escalators or stairs onto Level 1 to the platforms. The Paris Train platforms are marked as *Voie* (platform) 11 and 12 and also show “**RER B Paris par Train**“, the Regional Express Network trains that operate between Roissy-Charles de Gaulle and Paris city centre. On the platform itself, signs indicate that all trains are going to Paris, since

Aéroport Charles de Gaulle is the terminus or end-of-line station for the RER B train line.

Make sure you compost (stamp) you ticket before you get on the RER. There are orange machines all over near every train. Just insert it into the machine and it will automatically stamp the time and date. Remember to keep your train ticket with you at all times throughout the journey. You may be asked by a ticket controller to show a valid fare or otherwise pay a penalty fare of 35€. The tickets are also required to exit the arrival station in Paris as there will be

turnstiles protecting the exits, just as they protect entrances. Finally, your RER train ticket is also good for connections onto the Paris Metro and other RER train lines once you've arrived in Paris; There's no need to purchase a separate ticket for making connections within the city center onto other Metro or RER trains (but not buses nor trams, which require a new ticket).

The first Paris city center station will be Gare du Nord. Then there will be Chatelet Les Halles, St. Michel-Notre Dame, Luxembourg, Port Royal, Denfert Rochereau and Cité Universitaire. It will take you about 35 minutes to get to your stop: **Denfert Rochereau**. Get off at Denfert Rochereau and follow the signs to transfer to the metro Line 6 (Direction Nation).



Denfert Rochereau RER



Denfert Rochereau metro

At the second stop (Glacière) get off, sortie, and follow the signs to the FIAP Jean Monnet (30 rue Cabanis).



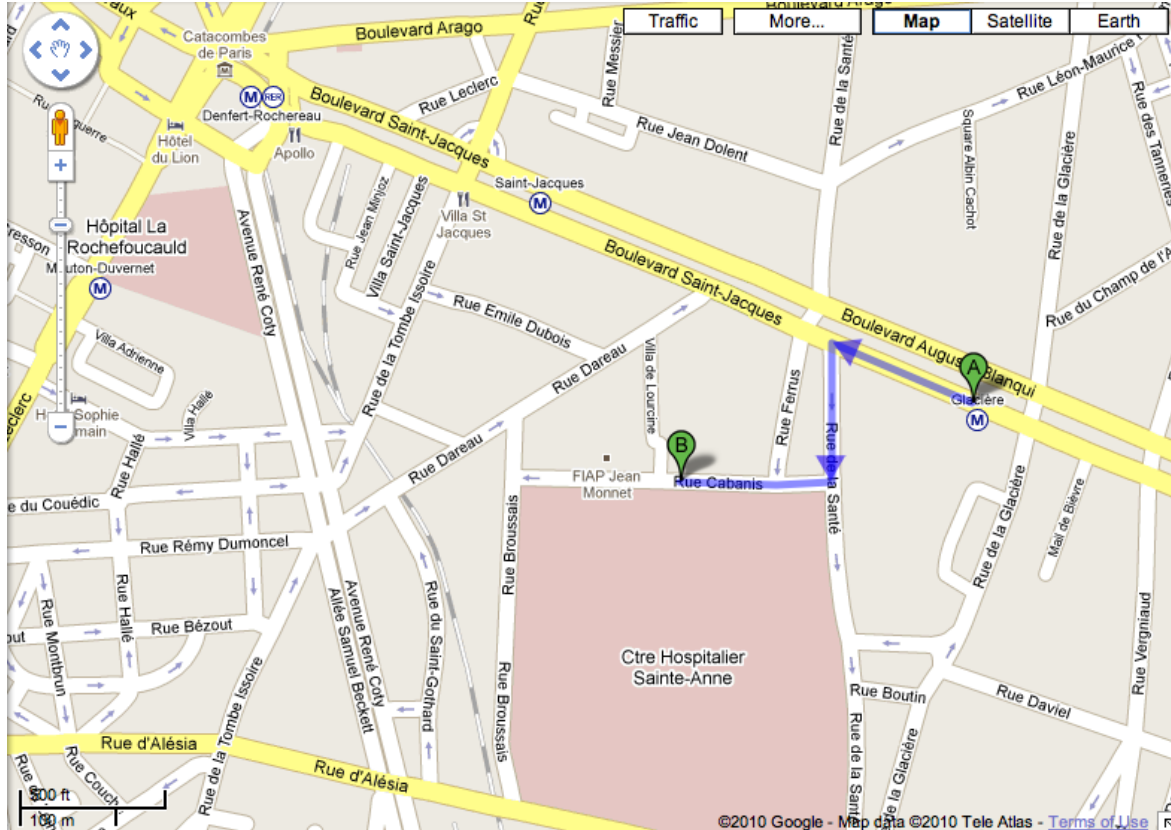
Walk a block back the way you came on the train, turn left and cross Boulevard St. Jacques and walk one block on Rue de la Santé, turn right and you're on Rue Cabanis. The FIAP is across the street from the walled Sainte-Anne hospital. (See map.)

Lodging

Paris

In Paris we will be staying at the FIAP Jean Monnet, 30 Rue Cabanis, 75014 PARIS.

The FIAP is also used by some other American universities, as well as by student groups from many European countries.



The entrance looks like this:

Facilities and Location: During the first few days of the trip, we will stay at the FIAP Jean Monnet, a foyer that hosts groups and individuals from all over the world. The FIAP is located on the left bank of Paris, in the 14th *arrondissement* (district), near the Luxembourg Gardens. Student will be lodged in doubles, triples, or quads, which include private bathrooms.



Amenities: Free Wi-Fi and vending machines are available in the lobby, and laundry facilities can be accessed onsite for a small fee.

Meals: We will eat two meals a day at the FIAP (usually breakfast and dinner). For breakfast, students may choose among the following options: cereal, fruit, yogurt, and bread with jam and butter, with coffee, tea, or juice to drink. For dinner, there are always at least two home-cooked options (one of which will be vegetarian) as well as some “fast-food” choices like pizza or hamburgers. Meals also include a salad or vegetable, bread, and cheese or dessert.

Barcelonnette

In Barcelonnette, we will be living at the **Centre Sportif d'Oxygénation** in Barcelonnette in doubles, triples, or quads with private bathrooms on our halls. The center is just a short walk (1km) from the downtown area, and it hosts vacationers, school groups, and athletes on bike tours. Many of the rooms include woodwork by the owner, Michel, who is also an avid cyclist. Several rooms offer breathtaking views of the Alps though the skylights.



Amenities: There are basketball courts, picnic tables, a sports field, and a *pétanque* area outside. Inside, we have access to a recreation room, ping-pong tables, reading room, and a media center where we can watch French movies. Laundry facilities are also available on-site, and we will be able to use them, for free, about once a week. (Please note that only the staff at Jean Chaix is authorized to use the machines; therefore, students cannot do individual loads. If needed, there are laundry facilities available in town.) The center also has Wifi, but the connection is occasionally impacted by the weather.

Meals: We will eat three meals a day together in Barcelonnette. For breakfast, students may choose among the following options: cereal, fruit, yogurt, and bread with jam and butter, with coffee, café au lait, and tea. For lunch and dinner, student will have extremely copious meals that include a salad or vegetable side dish, a main course with some form of meat (vegetarian options are available upon request), a selection of cheeses, fruit or desert, then espresso and tea. All lunches and dinners include wine. When we're traveling or hiking, bag lunches will be provided. On several occasions, we will be invited into people's homes for dinners. We will also eat at restaurants during excursions.

Excursions: During overnight excursions, students and faculty will stay in local hotels.

Communication While Abroad

Instructors may be reached via email prior to departure. Upon arriving in France, we will activate phones for instructors and distribute the numbers.

Students may receive mail in Barcelonnette at the following address:

Centre d'Oxygénation Jean Chaix

Tél. 04 92 81 08 59

19, Av. Ernest Pellotier

Fax : 04 92 81 49 56

04400 Barcelonnette

*Usually, it takes 7-10 days for mail to arrive.

Phone Calls, Skype, E-mail, and Social Media

Although most students are excited to share their experiences in France, they cannot usually maintain the same level of contact with friends and family while abroad. Busy days, a variable schedule, and the seven-hour time difference make it challenging to keep up regular phone or Skype dates. We do have WiFi at Jean Chaix, however, the Internet service is sometimes patchy due to the frequent afternoon rain. Sometimes, having a little less contact actually helps students to adapt their new surroundings and the challenge of speaking French all the time. All of which is to say, please relay this information to your family and friends so that they are not worried if you appear to have temporarily gone off the grid!

Pay-as-you-go Phones: It is possible to purchase a pay-as-you-go phone for about 40 euros. These phones allow you to receive phone calls for free, but you must purchase minutes or international phone cards to make calls and texts.

Apps: What's App and Viber allow for phone calls and text messages when there's WiFi available. We ask that you add What's App to your phone.

Skype/Facetime: Free videoconferencing software that works with a WiFi connection

International Service: The cost for international service and data is usually very expensive. For more details, contact your personal provider. If students urgently need to make a phone call, they may use the faculty members' phones, which have unlimited service to the U.S.

IMPORTANT NOTE ABOUT PHONES: In Europe, iPhones are very expensive. This means that they are in high demand by pickpockets and petty criminals. When you are out, please avoid exposing your phone to public view. This is especially important at train stations and on public transport. It is not entirely uncommon for unsuspecting students and faculty having their cell phones stolen.

Wi-Fi and data plans:

The FIAP has Wi-Fi. But every year they make changes trying to improve service, and each year the service is worse than the year before. All I can say is that I hope it is better this year. It is a source of frustration for all. We will do our best to make Wi-Fi work.

In 2017, there is a company that will rent us mobile Wi-Fi hotspots for 5Euros/day. In the past it has worked very well and could be shared by students in a room and sometimes in the room adjacent. It can be taken everywhere you go and was very convenient and affordable. Here is the website: <https://www.travel-wifi.com/>

If you are interested in this, please let me know before May 1. I will send the owner a list and they will give instructions on how to rent the hotspots and they will have them delivered to the FIAP the first day we are there.

For those who have iPhones or other 3G/4G service, make sure to turn data roaming OFF or your charges will be astronomical. For example, opening an email with a picture in it, or downloading a 3 minute video on YouTube, each takes about 2MB of data. The cost would be almost \$40, based on pay-per-use international data rates of \$.0195/KB. If you can't live without your iPhone, contact your provider for info about international data packages. If you set these up in advance you will know exactly what you are paying. It's pricy.

Electricity: Many of your devices including phone and camera chargers will work with European current. Check your charger: it should say 50/60 Hz, 110-240 volts. You will, however, need a simple US-French adapter to plug things in (pictured here).



You can buy these on the internet cheaply—for example, \$2.24 w/free shipping here:

http://www.amazon.com/US-to-European-Plug-Adapter/dp/B0012S304W/ref=sr_1_1?ie=UTF8&qid=1330542097&sr=8-1

Costs and Optional Activities

The program fee is \$4525. The program fee includes:

- Health insurance for the duration of the trip
- 3 French-speaking faculty members who live onsite with the students (3:1 student teacher ratio)
- pre-departure trip to Arnaudville, Louisiana
- at least 2 meals a day in Paris
- 4 nights' lodging in the FIAP in Paris (in doubles, triples or quads)
- admission to the Arc de Triomphe and other sites of interest
- a moonlit cruise on the Seine
- dinner at a Paris restaurant
- train ticket from Paris to Avignon
- four weeks' lodging at the Centre Jean Chaix in Barcelonnette
- daily continental breakfast in Barcelonnette
- daily multi-course lunches and dinners prepared by the chef at Jean Chaix
- entertainment such as group trips to music festivals and film showings
- admission to a variety of cultural events (visits with beekeepers, tours of regional production sites and museums, tours of geological formations, entry to Cézanne's workshop, an art-based light and sound show, entry to Roman ruins, tastings of local delicacies, etc.)
- experienced local guides for hikes, mountain climbing, and biking trips
- all ground transportation in Barcelonnette and to other sites in France
- occasional group snacks such as a cappuccino across the border in Italy, hot chocolate in town, or ice cream in Nice
- educational materials
- laundry service in Barcelonnette
- hotel lodging on 2 overnight trips
- other optional excursions, such as horseback riding may be added as funding permits

The program fee does not include:

- airfare (estimated \$1500)
- LSU tuition and fees (estimated \$2000 for six credit hours)
- return train ticket from Grenoble to Paris (estimated \$100)
- hotel room prior to departure (estimated \$100)
- optional participation in adventure sports (estimated costs in euros)
[Parasailing (90 €), Via Ferrata (15 €), Mountain Biking (20 €), Rafting (35 €)]
- spending money for incidentals, souvenirs, snacks, meals not consumed with the group, and additional time abroad (cost varies by person; \$300 is about average)

*The list of included items is based on past years. The exchange rate and the availability of certain items and services may impact activities.

Money:

Euros are the currency in France, and the best method to get cash is to use an **ATM card** (make sure it has the Visa or Mastercard symbol) to draw cash in Euros. Do not bring Traveler's Checks; nobody takes them. *It's very important to call your bank before departing the U.S. to let them know you will be traveling in France and your dates of travel. Also get a contact number that will work overseas.* Once you get to the Paris airport, there will be ATMs throughout the airport.

Credit Cards:

Visa and Mastercard are widely accepted. AMEX less so. As with ATM cards, make sure you contact your credit card company prior to departure and let them know that you will be traveling in France (and other countries) and they will need the dates as well.

Where are LSU in the French Alps alumni now?

For many program participants, LSU in the French Alps inspires an enduring love of France and the French language. The language skills students develop while abroad and the work experience they gain in their internships often prepare them for future professional and educational pursuits.

Our alumni have proven successful in their professional endeavors. For example, six of our recent program alumni were selected to teach English in France through the TAPIF program. Another alum was hired by an American-based non-profit religious organization with a branch in France. Still another former student works as a cheese specialist for Whole Foods. Many former participants teach French in Louisiana public schools. One early participant now works as a French language editor for an online travel magazine. A participant on the first program, in 2001, currently serves as the Assistant to the Chair in the LSU Department of French Studies, and returns to the Ubaye Valley every summer.

Our alumni have also been successful in higher education. One past participant received a Fulbright scholarship to conduct research in the field of psychology in France. Three recent program participants have been awarded the Escadrille Scholarship to complete graduate coursework in France then return to Louisiana to teach in immersion schools. Another student will return to France for a year-long dual degree program. Other past participants have been accepted with full funding to graduate programs in French Literature and Linguistics in the United States. Still others have pursued graduate work in fields outside of French Studies such as medicine, veterinary science, and astrophysics.